



SPORTS & FITNESS

Open Gym for Youth Basketball

Late Night Gym 8:00-10:00pm **Who:** Youth 11-17 (18 if still in high school); Please bring school ID to verify age.

ROBOTICS PROGRAM

FIRST Lego Robotics

First Robotics (For Inspiration in Science and Technology) introduces young people, ages 6-14, to the fun and excitement of science and technology while building self-confidence, knowledge and life skills. Alongside adult mentors, teams solve problems using engineering concepts, presentation techniques, and robots. Teams will culminate the season with a local fun-petitive Robotics competition where they will put their robot, research and teamwork to the test. For more information on FIRST Lego League contact Mario Day at 408-559-7542 or visit www.firstlegoleague.org

PARENT'S SECTION

Parent Volunteers Needed

We are looking for interested parent volunteers to help out in our homework center, and chaperone our dances and band nights. If you are interested please call 408-559-7542.

Parental Help Center

Parents, are you curious about your teen's life away from home? What do they do at the center, at school, and with their friends? How do I talk to my teen about drugs, alcohol and sex? What do I, and my teen, need to prepare for when going to middle school, high school, or college? All of these questions can be answered through our parental help center. Would you like to attend a one night group session to discuss these topics? If so, please call us at 408-559-7542 and let us know!

Capitol Park Neighborhood Center

800 Peter Pan Ave., San José 95116

Phone: 408-347-1141

Fax: 408-347-1166

Supervisor: Ed Solis

Email: ed.solis@sanjoseca.gov

Contact Person: Sam Garcia

Email: sam.gracia@sanjoseca.gov

Bus line: 70

Types of Programs: Sports League, Leisure Classes, Rentals and Special Events.

The Capitol Park Neighborhood Center offers programming in partnership with several non-profit organizations and foundations from our community. These programs are offered in English & Spanish. Schedules of current programming can be obtained by visiting the center.

Capitol Park Neighborhood Center continues on the next page





SPORTS LEAGUE

Tennis - **New**

\$69

Learn all the basic strokes mechanics with proper technique-forehand, back hand, serve. (Introduction to volleys and overhead). Includes tennis rules and strategies. Each student should bring a racquet and one new unopened can of tennis balls each week to class.

Instructor: TBD

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.2.510	Th	9/18-10/23	4:30-5:30pm	9-12	6	CP
211.2.511	Sa	9/20-10/25	9:30-10:30am	5-8	6	CP

Non-Competitive Co-Ed Soccer League

\$60

Location: Capital Park Neighborhood Center

Our Non-Competitive league is designed to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Volunteer coaches are essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include your t-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes t-shirt, trophy, certificate, and a BBQ party. **Coaches Needed!** The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.2.910	Sa	9/20-11/1	9:00-10:00am	3-4	7	CP
211.2.911	Sa	9/20-11/1	10:30-11:30pm	5-6	7	CP
211.2.912	Sa	9/20-11/1	2:00-3:00pm	7-8	7	CP
211.2.913	Sa	9/20-11/1	3:30-4:30pm	9-11	7	CP

Competitive Co-Ed Soccer League

\$60

Location: Capitol Park Neighborhood Center

A winner takes all league with emphasis on competitive team play. Come do all the talking on the court and show off your skills in this competitive league. Participants will receive a league shirt & trophy ceremony for 1st, 2nd & 3rd place, and end of the season PIZZA CELEBRATION. Game times will vary and schedules will be passed out the first week of the first game. Cost includes t-shirt, awards, and a pizza party. **Coaches Needed!** The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.2.914	Sa	9/20-11/1	1:00-1:30pm	11-13	7	CP

Don't Miss Out!

Register early because a class may be cancelled if it does not meet the minimum enrollment.

Emma Prusch Farm Park

647 S King Road, San José 95116

Phone: 408-926-5555

Fax: 408-926-9181

Contact Person: Patricia Rivera

Email: patricia.rivera@sanjoseca.gov

Supervisor: Gina Aning

Email: gina.aning@sanjoseca.gov

Bus line: 22, 25, 77

Hours: 8:30am-Sunset

Types of Programs: Building & picnic rentals, special events, fee classes and self-guided tours.

Due to current budget restrictions, Emma Prusch Farm Park will not be able to provide guided Farm Tours for children. Groups wishing to take their own "Self-Guided" tour may do so by calling the office at least 3-4 weeks in advance to let staff know what date and time you are interested in visiting, so we do not have too many groups showing up to tour at once. A Self Guided Brochure is located in the brochure rack in front of the white farmhouse for your tour. Please contact the park office for more information at 408-926-5555.

EARLY CHILDHOOD RECREATION

The Hatchery

\$279

Emma Prusch Farm Park introduces "The Hatchery" program: A wonderful opportunity to introduce preschoolers to farm life and animals. Activities will include caring for farm animals, songs, stories, crafts, garden fun and games to develop socialization skills, eye-hand coordination and motor skills and more! For each enrolled child, a parent or guardian must assist and provide a snack for at least (2) class meetings during the session. Participants must be toilet trained.

No Class 10/13, 11/11, 11/27, 11/28

Instructor: Ms. Barbara

Course #	Day	Date	Time	Age	Mtg.	Loc.
640.2.605	M-F	9/8-10/31	9:30am-12:00pm	3-4	39	EP
640.2.606	M-F	9/8-10/31	12:30-3:00pm	4-5	39	EP

\$189

Course #	Day	Date	Time	Age	Mtg.	Loc.
640.2.607	M-F	11/10-12/12	9:30am-12:00pm	3-4	22	EP
640.2.608	M-F	11/10-12/12	12:30-3:00pm	4-5	22	EP

SPECIALTY CLASSES

Math Tutoring

\$58

Math Tutoring will give your child the confidence needed to succeed and feel more confident in math. Students must bring their math homework, math book, their own pencil and paper to each class. Six participants per class. Call for dates 408-926-5555.

No Class 10/13

Instructor: Staff

Course #	Day	Date	Time	Age	Mtg.	Loc.
640.2.612	M/W	9/8-9/24	3:30-4:30pm	5-13	6	EP
640.2.613	M/W	10/6-10/27	3:30-4:30pm	5-13	6	EP